

Principles of Manual Handling

CIEH

Who is this course for?

This course is for all employees who, as part of their daily work are involved with manual handling.

Duration?

½ Day

Cost?

The cost of this course can vary depending on candidate numbers. Funding may also be available to assist with the cost of the course. Please call for further information.

What is the aim of the course?

To provide candidates with a detailed knowledge of manual handling and an understanding that manual handling operations can be hazardous to the health and safety of workers.

Course Overview

- Introduction into Manual Handling
- Manual Handling Hazards
- Legislation and Guidance
- Risk Assessment
- Controls and reducing the risk of harm